

Kidney Living Donor Selection Criteria

INCLUSION CRITERIA

- A. Age greater than or equal to 18 years and mentally capable of making an informed decision
- B. Measured GFR using a 24 hour collection or Glofil I125 clearance of more than 80-85 ml/min-adjusted for age and gender.
- C. No overt evidence of coercion or financial compensation for donation.

EXCLUSION CRITERIA

A. Absolute Contraindications:

- 1. Type I/Type II Diabetes
 - a. Evidence of an Abnormal Glucose Tolerance Test
- 2. HIV positive
- 3. Uncontrollable hypertension or history of hypertension with evidence of end stage organ damage.
- 4. Nephrolithiasis (more than 2 episodes)
- 5. Sickle Cell Anemia and/or trait
- 6. Medically significant liver disease
- 7. Medically significant organic heart disease
- 8. Active malignancy, or incompletely treated malignancy (excluding non-melanoma skin cancers)
- 9. Evidence of acute symptomatic infection (until resolved)
- 10. High suspicion of donor coercion
- 11. High suspicion of illegal financial exchange between donor and recipient
- 12. Lack of social support
- 13. HbSAg positive
- 14. Renal Cystic Disease (Autosomal Dominant, Autosomal Recessive and Medullary Cystic Disease)
- 15. Diagnosable psychiatric conditions requiring treatment before donation, including any evidence of suicidality
- 16. Mentally incapable of making an informed decision

B. Relative Contraindications:

- 1. Hematuria
- 2. Cardiac disease
- 3. Proteinuria greater than 150mg/day
- 4. History of malignancy
- 5. Active substance abuse
- 6. BMI greater than 30
- 7. History of multiple urinary tract infections
- 8. Family history of hereditary renal diseases
- 9. HCV AB Positive with negative PCR Quant
- 10. Psychiatric disorder
- 11. Preeclampsia or eclampsia
- 12. Probation, unresolved criminal charges or pending criminal investigations
- 13. Incarceration

For more information,
please call 888.605.5888

P: 404.605.4600 phone • F: 404.367.4447

piedmonttransplant.org



In response to the growing shortage of organs for transplantation, relatives, loved ones, friends and even individuals with no prior relationship can serve as living donors for people on the national organ transplant waiting list.

YOUR GIFT WILL HELP SAVE SOMEONE'S LIFE!

With estimated wait times of at least three to five years, many people with kidney disease die before a new organ becomes available. By donating a kidney, you can help save a life. You don't have to be related. You can donate to a relative, friend, spouse or even a complete stranger.

NEW MINIMALLY INVASIVE APPROACHES MAKE IT EASIER FOR DONORS TO RECOVER.

New surgical techniques allow doctors to remove a kidney using smaller incisions than ever before. Today's living-kidney donors are usually out of the hospital within two days and back to work within a minimum of two weeks.

EVEN IF YOU ARE NOT A MATCH FOR YOUR INTENDED RECIPIENT, YOU CAN STILL HELP THEM RECEIVE A TRANSPLANT.

This is because of paired-kidney exchanges—an intricate process of mixing and matching recipients and their donors in an ever-widening pool until the right pairings are found. While that means your kidney may go to a stranger, your donation assures that the person you volunteered to help gets a new organ, too.

YOU CAN DONATE EVEN IF YOU DON'T KNOW SOMEONE WHO NEEDS A KIDNEY.

An altruistic donor is someone who does not have a particular recipient in mind but is willing to donate to anyone in need. This creates the greatest benefit as it can create a 'chain' of kidney transplants.

YOU CAN LIVE A LONG AND NORMAL LIFE WITH ONLY ONE KIDNEY.

Prior to your donation, you will receive a thorough medical exam by our transplant team to evaluate your overall health and look for any unknown problems. Our team wants to protect your health, too!

DONATION IS COVERED BY RECIPIENT INSURANCE.

If you are interested in finding out more about living donation please visit:

piedmonttransplant.org/livingdonor

paireddonation.org

unos.org/docs/living_donation_kidneypaired.pdf

If you would like more information or are interested in being tested to be a donor for someone, please call one of our living donor coordinators below:

Leanne Whitehead, RN

Recipients A - L

P: 404.605.4605

Barbara O'Neal, RN

Recipients M - Z

P: 404.605.4128

Megan Parker, RN

Outreach Coordinator

404.605.2950