

# Dementia Education and Support Program

## Dementia Workshops

Sixty Plus sponsors workshops throughout the year for families and friends caring for someone with dementia. They are open to anyone in the community, but they are not appropriate for hired in-home or residential facility workers.

The workshops address topics such as:

- Caregiver stress
- Where to go for help
- Understanding the healthcare system
- Legal and financial considerations
- Managing difficult dementia behaviors

## Individual and Family Consultations

Clinical social workers at Sixty Plus consult with older adults experiencing memory loss, and with their family caregivers who are concerned. Either the older adult or caregiver must use Piedmont Healthcare physicians to qualify for this service. There are no fees involved, but donations are appreciated and are tax deductible. For more information, call **404.605.3867** or visit **[piedmont.org/sixtyplus](http://piedmont.org/sixtyplus)**.

## Dementia Caregiver Support Groups

Sixty Plus sponsors monthly caregiver support groups. These groups offer emotional support and practical information to family and friends caring for those with memory loss. They are open to anyone in the community. There is no charge for the support groups

***Second Thursday of Each Month*** • 1 to 2:30 p.m.  
Second Ponce de Leon Baptist Church—Family Life Center  
2715 Peachtree Road N.E., corner of East Wesley in  
Buckhead, Atlanta, Georgia

***Fourth Monday of Each Month*** • 6 to 7:30 p.m.  
Wieuca Road Baptist Church—Heritage Room  
3626 Peachtree Road N.E., near Phipps Plaza in Buckhead  
Atlanta, Georgia

***Third Wednesday of Each Month*** • 1:30 to 3 p.m.  
Piedmont Fayette Hospital – West Entrance, 1267  
Building, Cancer Wellness, Fayetteville, Georgia





## SIXTY PLUS SERVICES

1968 Peachtree Road, N.W.  
Atlanta, Georgia 30309  
404.605.3867

[piedmont.org/sixtyplus](http://piedmont.org/sixtyplus)